



Donegal Ultra / Unsupported rider rules explained.

What is a Donegal Ultra Unsupported Rider?

Taking part in either the 555 or 333 km distance as an unsupported solo rider means that you have NO assistance whatsoever ORGANISED for your cycle of the route/s.

Do unsupported riders have to attend the check in the evening?

Yes, you must come to check in either on Wed or Thurs evening; please supply us with your contact details on the downloadable crew info sheet, and we will issue you your race numbers for your Helmet (2), one for each side, we can collect your prepacked bag for bag drop to the Ozanam, and we will have your race number for that bag too.

What do I need at check-in?

You need your bike and helmet with attached bags, spares that you will carry, good quality lights front and back and back up lights, good quality battery bank for charging needs or good dynamo for charging, demonstrate high vis top or straps/bands for the event as you guys need to be always visible.

Can I leave water out on the route?

Yes, for our event we will allow you to leave water out at a location or two, pre-done by yourself, so you can top up especially to get you through the night.

What if a passing-supported team throws out a bar or a gel, am I allowed to take it?

If you are in difficulty and a passing crew gives out a gel, bar, water etc., that is considered camaraderie and is ok by Donegal Ultra rules.

What if I have a mechanical that I cannot fix, but a passing crew tries to assist?

Suppose a passing supported rider or team crew stops to assist with a mechanical. In that case, that is also considered camaraderie and is ok with us, however, if said passing vehicle is stopping during nighttime hours 7pm to 7am to assist you, that crew's rider must also stop, or a severe penalty would be applied to both parties, Passing backup or shuttle vehicles may NOT ASSIST you in any way. It must be an official numbered team vehicle if someone stops to assist.

What if I have specific dietary needs?

You are responsible for planning and have/carrying enough food and drink to get you through the event; we will have some standard sandwiches and soup at the Ozanam Centre for all Unsupported riders; however, you can pack any specific food into your drop bag, and we will have those there for you. Please also make use of showers if you need to freshen up, you're clothing etc, if it's a wet day etc, but don't forget your tracker when you leave!



What are the checkpoints for unsupported riders?

Same checkpoints for all the routes, part of your event is to stop, know these checkpoints and text them in at the locations indicated on the route map, text format:

Unsupported rider 301 CP6 @16.37

please note you do not have to text at the finish line; it is a checkpoint, but we will collect that time for you!!

Text In number is; 0871869063

Please note you may not have anyone shadow you in a vehicle on your way around the route,

If caught doing so, a severe penalty will be applied or you could be withdrawn from the event, going unsupported is just that, it's you, the bike, and the Wild Atlantic Way!

Time allowances are for 555 start time plus 40hrs and cut off start time plus 18hrs at Ozanam centre, for 333 start time plus 25hrs total, no cut off at Ozanam but this is a compulsory check-in for both distances.

If anyone has any specific questions or you are unsure about anything about the event, please send us an email on dawur555@gmail.com

Be safe and enjoy.